

PEDAGOGICAL SUPPORT OF THE SPIRITUAL-MORAL AND PHYSICAL SELF-DEVELOPMENT OF STUDENTS IN THE HIGHER EDUCATION SYSTEM

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Annotation

In this article, in the process of determining and evaluating the differences in the implementation of general ethical positions in the field of pedagogical work, the level of moral education and its moral qualities, the teacher's honor - the real professional honor shown in the process of performing his professional duties, the basic requirements for classes, physical education, new technology and advanced experience in the national and learning the principles of universal values such issues are disclosed.

Keywords: Physical education, Islamic culture, general culture, Islamic state pedagogical justice, level of development of physical qualities, theory of physical improvement, discipline, universal principles, achieve physical maturity, biological, social, moral.

Pedagogical ethics is a separate chapter of the science of ethics, which studies the specific characteristics of pedagogical ethics, defines the differences in the implementation of general ethical positions in the field of pedagogical work, reveals the differences in the principles of its task and content. belongs to the moral category. In addition, teaching pedagogical ethics - ethical relations between people engaged in professional education and in a professional environment, ethical services of a teacher, various procedures and behaviors formed in the environment of teachers, etc. learning

Pedagogical justice: in the process of the teacher's relationship with students, his impartiality has a special character in the process of determining and evaluating the level of moral education and moral education of the teacher and his moral qualities. Pedagogical justice differs in that students' and teachers' evaluation of behavior and their attitude towards it are at different moral levels; it is often up to the teacher to determine the measure of teacher objectivity; the level of self-protection - the relationship between different parties often comes down to a general moral assessment; in the end, children do not understand the pedagogical needs pre-programmed by the teacher; Pedagogical duty is one of the most important categories of pedagogical ethics.

Professional honor means not only understanding the importance of a pedagogue in pedagogy, but also recognition of him by society, respect for his moral qualities and meritorious work. The sense of honor and virtue of the individual is especially evident in the teaching profession. If the teacher has violated the requirements of the teacher's ideal in his behavior and dealings with people, the teacher's professional honor and moral qualities are shown to be ignored. A

teacher's honor is a public assessment of the true professional honor shown in the performance of his professional duties.¹

Pedagogical discipline is a form of implementation of pedagogical ethics, in which the thoughts and actions of the teacher are combined. Discipline is a moral discipline that requires the ability to foresee all the objective consequences of an action and its subjective perception. In this way, the search for the easiest and most unpleasant way to achieve the goal is shown. Pedagogical discipline means constant creativity and research.

Today, education is not only a strategic direction of socio-economic, intellectual and spiritual development of the society, but also a guarantee of the security of our society.

Education management has a state-public character. The Ministry of Higher and Secondary Special Education implements the state policy of the Government of Uzbekistan in the field of education.

One of the main qualities of a high school teacher is the teacher's scientific training. It consists of the level of knowledge of the subject taught by the teacher, his scientific training in this specialty and related subjects, his extensive study, mastery of science methodology, familiarity with general didactic methods. It also consists of individual teaching talent. pedagogical tolerance, pedagogical independence and pedagogical art are of great importance. In addition to special teaching qualities, it is possible to note the necessary personal moral and motivational qualities: justice, accuracy, patriotism, determination, restraint, vigilance and other qualities.

The main areas of pedagogical influence are the training, upbringing, development and upbringing of students, and the main task of the teacher is to manage the processes of education, upbringing, development and formation.

A secondary school teacher is called not to teach, but to lead the learning process, to conduct research, not to teach, not to educate, but to manage the learning process. As much as the teacher can understand his task correctly, he creates an opportunity for students to learn independently, to search, to develop, to be active.

The main requirements for classes are as follows:

1. Unity of educational, developmental and educational goals should be maintained in each lesson.
2. Each lesson should meet all the principles of didactics, first of all, the connection of teaching with science and life.
3. First of all, each lesson should be distinguished by a clear didactic goal, which is often replaced by the topic of the lesson.
4. Using different methods and methods of teaching in order to stimulate cognitive activity of students at all stages of the lesson.

¹Tymoshenko M.A. Pedagogical primary education professional chesti kak nrvstvennogo kachestva spetsialista: dissertatsiya ... candida pedagogicheskikh nauk. - Volgograd, 2000. - 245 p.

5. One of the requirements for the lesson is its emotionality.
6. Students' knowledge should be continuously recorded in each lesson.
7. Each lesson should be distinguished by its organizational patterns, sensitivity to positive results.
8. Each lesson should include elements of systematic repetition.
9. Each lecture hall should be optimally and didactically equipped.
10. Connection of each lesson with past and future in any subject.
11. Using all the time of the lesson with great success.
12. Ensuring the study and work order of students during the lesson.
13. One of the requirements for the lesson is its structural flexibility.
14. Professional direction of the lesson.
15. Effectiveness of homework and its mandatory inspection.
16. Creation of favorable spiritual-psychological and sanitary-hygiene conditions.

The new technology in education helps to find solutions to the most important pedagogical problems, to increase mental work, and to effectively manage the educational process. The main feature of the use of new technologies in the teaching process is that it creates ample opportunities for teachers and students to perform independent and joint creative work, and its use for pedagogical purposes serves to increase the intellectual capabilities of students by affecting their intelligence.

Considering physical education as a social system and social phenomenon, the need to recognize and know the physical education system, the main laws of its formation and development, its function and structure is necessary to ensure the physical education of the growing generation.

According to S. U. Abduazimov, "The Decision of the President of the Republic of Uzbekistan on June 3, 2017 "On measures to further develop physical education and mass sports" was an important factor in the further development of physical education. As an implementation of this decision, a program on further development of physical education and mass sports was adopted in the Republic of Uzbekistan. In 2017-2021, in the program for the further development of physical education and mass sports, in order to strengthen the material and technical base of sports schools, 167 sports facilities, including 90 sports complexes and 77 swimming pools, will be built, reconstructed, overhauled, equipped and re-equipped. More than 995.2 billion soums were supposed to be spent.

In 2017, Uzbek athletes achieved considerable success in various international competitions held in boxing, judo, taekwondo, weightlifting, freestyle wrestling, and sambo. A bright page has been opened in the history of Uzbek national wrestling. At the meeting of the General Assembly of the Olympic Council of Asia held in Turkmenistan in September, a decision was

made to include this national sport in the program of the Asian Games. , the words "Yonbosh" resound and glorify the Uzbek name and the glory of our country to the world.²

Taking into account that physical education is not only a physical education lesson in school, it includes the system of classroom and extracurricular activities related to health care, the system of physical education in educational institutions at the present time, in addition to strengthening the health of young people, it also includes physical education activities. helps in the comprehensive development of biological and psychological needs of a person, is active in life, refers to the development of attitudes and moral relations. Physical education, which plays a leading role as a scientific and educational subject, is such an important methodology It is directly related to the educational system in higher educational institutions that prepare future teachers in a professional direction. In the current period, the direction of creating educational programs in general secondary schools has changed. However, all of them do not take into account where the students are studying, the basic skills and competencies they should acquire, and the conditions for passing the educational standards. Performing physical education exercises provides information about the level of readiness for movement. However, these programs are of a basic, exemplary nature, so that each teacher can make changes and additions to them according to local conditions and traditions. Creatively solving the problems of physical education while learning innovative processes and innovative directions in a changing life situation.

Studying physical education, new technology and advanced practice in connection with the principles of national and universal value is one of the tasks of pedagogy science that arises from today's demand. Consideration of the essence of physical education based on the requirements of today's new era is determined by the fact that a person is not only a product of the environment in which he lived, but also a subject that manifests itself in the actions of physical culture. and ethical attitudes in this environment. Significant changes in society bring about changes in a person's goals, lifestyle and behavior, as well as his personality as a subject. In addition, a comprehensive study of the nature, meaning, origin and functions of health, physical culture and spiritual values in society;

Competitive education is the main task of the education sector in our country. The main goal of the education policy of our country is to equalize the level of education of countries that are in the first place in development. One of the main conditions for entering the ranks of fifty developed countries is high-quality and competitive education. That is why the main positions and tasks, actions and methods of education in the schools of our republic are organized for this purpose.

²Abduazimov S.U. Improving the harmony of physical and spiritual training in the educational system of military personnel. //Innovation in military education and science. 2(4)/2019. -B.71.

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