## REFORMS IN THE FIELD OF MEDICINE DURING THE YEARS OF INDEPENDENCE (IN THE CASE OF NAVOI REGION)

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## Abstract:

In this article, reforms to be carried out in the field of medicine after independence, changes in the quality and number of polyclinics over the past 10 years, funds allocated to the medical field from the state and their practical results, polyclinics currently existing in navoi region, qvp, the number of nurses and doctors, changes in the field of regional and interdistrict medicine, the increase in the number of medical institutions, and the improvement of the quality of medical services to the population are given complete information.

**Keywords:** professional medicine, qvp, ambulatory polyclinics, medical infrastructure, «uaz» motor vehicle, village doctor, family polyclinics, private hospitals, kidney transplantation, multidisciplinary medical center, order for a healthy generation, order of health, nurses' day, «kohinur» sanatorium

Health is a great blessing that cannot be measured or evaluated by anything for every person and our entire population. Because we all know well that a healthy person and a healthy people are capable of great things. As our honorable president shavkat mirziyoyev noted: «creating quality and professional medicine for everyone is an important direction of our strategy» [1; 211]. Therefore, the head of our country pays special attention to this issue and consistently develops the industry.

Today, large-scale works are being carried out in the navoi region to improve the welfare of the population, in education, medicine and other fields. Increased to 4.8 billion soums. Reached soum. Compared to the same period last year, the growth rate was 110.0% [2]. 24 trillion will be allocated to the industry from the budget in 2022. Soums or 4 times more funds than in 2016. In the past 5 years, the funds allocated for providing hospitals and emergency medical centers with medicines and medical supplies have increased 12 times [3]. If we pay attention to the official data, now there are 311 medical institutions, 11 central polyclinics, 40 family polyclinics, 93 family medical points, 10 central hospitals and about 20 thousand medical workers operating in navoi region [4].

In particular, in 2010, there were 13 hospital institutions in navoi city, 1 in zarafshon city, 5 in karmana district, 3 in konimekh district, 1 in qiziltepa district, 1 in navbahor district, 6 in nurota district, 3 in tomdi district, 5 in uchkuduk district, 4 in khatirchi district [5].

According to the decision of the president of the republic of uzbekistan, shavkat mirziyoyev, dated june 20, 2017, «on measures to further develop the provision of specialized medical care to the population of the republic of uzbekistan in 2017-2021», the number of interregional medical institutions has increased dramatically [6].

Based on this decision, the number of medical institutions in navoi region will increase by 2021 compared to 2010. In particular, in 2021, the number of medical institutions was increased to 18 in the city of Navoi, 3 in the city of Zarafshan, 3 in the district of Kiziltepa, and 2 in the district of Navbahor. The last 30 years have been a period of quality change for regional medicine. If we analyze by regions, a new building of the district multidisciplinary central polyclinic with a capacity of 350 patients was put into use in the center of Xatirchi district, and the emergency medical department started working in the new building [7; 350]. In Navbahor district, one multidisciplinary central polyclinic, 5 rural family polyclinics and 6 rural medical centers were established [8; 367].

In addition, funds were allocated from the local budget of the district for construction and repair work in 3 rural medical centers in remote areas, especially in the konimex district. 144 million from the asian development bank. 200 million soums under the health 1 project. 80 million soums under the health 2 project. 850 million soums under the health 3 project. Soums of funds were allocated and medical equipment was provided to the patients. 370.6 mln. In 2018 from the additional resources of the local budget to the medical field. 427 million soums were allocated by the end of 2019. Amounted to soum [9;318]. Specialized 20-bed endocrinology, 20-bed cardiology, 20-bed traumatology and 20-bed therapy departments were established in the Kiziltepa area. Currently, there are 11 polyclinics, 2 polyclinics, and 1 multidisciplinary central polyclinics in the district [10; 168].

At the same time, the number of ambulatory polyclinics operating at the moment has also increased. In 2010, there were 262 in Navoi region, 70 in Navoi city, 9 in Zarafshan city, 31 in Karmana district, 38 in Konimekh district, 22 in Navbahor district, 22 in Nurota district. 24 polyclinics were established in nurota district, 9 in tomdi district, 12 in uchguduk district, and 35 in khatirchi district. As a result of the increased need for medical care among the population, the number of polyclinics was increased. As a result, by 2021, the number of polyclinics in Navoi region will be 321, Navoi city 99, Zarafshan city 30, Karmana district 39, Konimekh district 14, Kiziltepa district 33, Navbahor district 24, Nurota district 14, Uchguduk district 17 and delivered to 43 in khatirchi district. Qualified specialists work in these polyclinics today. In particular, if we pay attention to regional statistics, in 2010, the number of medical workers in the navoi area was 14 thousand, 4.1 thousand in the city of Navoi, 1.1 thousand in the city of Zarafshon, 1.4 thousand in Karmana district, 0.6 thousand in Konimekh district, 1.9

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thousand in Kiziltepa district, 1.9 thousand in Navbahor district 0.9 thousand, 1.0 thousand in Nurota district, 0.3 thousand in Tomdi district, 0.7 thousand in Uchguduk district, 2.0 thousand in Xatirchi district. By 2021, these indicators will be 17.5 thousand in Navoi region, 5.9 thousand in Navoi city, 1.4 thousand in Zarafshan city, 1.5 thousand in Karmana district, 0.6 thousand in Konimekh district, 2.5 thousand in Kiziltepa district, 1.3 thousand in Navbahor district, 1.0 in Nurota district. Thousand, 0.2 thousand in Tomdi district, 0.8 thousand in eds of people living in remote villages and villages of Tomdi, Uchguduk, Konimex, Nurota and Xatirchi districts of the Kizilkum desert. On the basis of the order of our President Shavkat Mirziyoyev, the navoi metallurgical combine 2.8 bln. Delivered 15 «uaz» motor vehicles to medical institutions for a sum of 100,000 soums. A new vehicle has been used to provide medical services to residential areas such as altynsoy, langar, maidansoy, which are located 60-70 km from the center of khatirchi district. The attention paid to the further improvement of the living conditions of our president in remote villages is a practical result of these works [12].

At the same time, starting from 2021, 30 mln. A system of paying a one-time incentive in the amount of soums, providing them with a service house or covering the rent from the budget was introduced. The «village doctor» program has been further improved, and from may 1, 2022, the monthly salary of doctors working in remote and remote areas will be increased to 2 million. An additional allowance of soums was paid. Up to 50% of the cost of buying a house on the basis of a mortgage for these doctors will be covered from the local budget. Henceforth, doctors who worked continuously for 3 years in distant and remote areas were admitted to clinical residencies without examination [13].

In particular, the number of family and private polyclinics and medical institutions has increased in the region over the past 5 years. Including, 20 new family polyclinics and medical centers will be established in 2021[14]. Family polyclinic no. 2 in the territory of the city of navoi was renovated and put into use.

Today, 6 neighborhoods are attached to family polyclinic no. 2, and services are provided to 22,235 thousand residents. This family polyclinic is designed for 250 beds, 25 senior nurses, 120 nurses, 57 medical patrons, of which 15 are senior nurses, 7 are first-class nurses, and 3 are second-class nurses. 11 medical brigades and 2 groups of pediatric doctors were established in this polyclinic [15].

One of the biggest changes in the medical system is that along with state hospitals, private hospitals are also developing. Previously, such services were provided only in dentistry, but now private clinics operate in almost all directions. Today, their number has reached 8 thousand in the republic. 123 private hospitals are operating in navoi region along with state-owned treatment facilities [16]. Another important news in the region is that the first kidney transplant was performed at the navoi regional multidisciplinary medical center.

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The importance of this operation is not in its complexity, but in the decision of the cabinet of ministers of the republic of october 23, 2017 on «approving the provisional regulations on the procedure for kidney and liver transplantation among close relatives» and the cabinet of ministers' decision «republic of uzbekistan of the cabinet of ministers «in connection with the further improvement of public health protection, to make changes and additions to some decisions of the government of the republic of uzbekistan, as well as to consider some of them as having lost their validity. Another important news in the region is that the first kidney transplant was performed at the navoi regional multidisciplinary medical center.

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To date, more than 2,000 complex surgical procedures have been performed in the multidisciplinary medical center of the navoi region. All 10 of the kidney transplantation procedures were carried out in this center with the help of qualified specialists. For information, 70 qualified doctors, 280 nurses and 5 high-class doctors who have advanced their qualifications in india are working in the multidisciplinary medical center of navoi region [18]. We should not forget the services of the medical representatives serving in this field regarding the consistent development of the medical field. Where there is motivation and growth, productivity is high. In this direction, our president shavkat mirziyoyev has made a worthy contribution to strengthening a healthy lifestyle in society, especially in the conditions of the coronavirus pandemic, he has been diligently fulfilling his professional duties, his great services in training specialists with deep knowledge and high qualifications, and social awarded a number of nurses at the profession holiday for their active participation in life.

In particular, from the territory of navoi region, the head of the therapy department of the central hospital of the city of navoi, Abdullayeva Ibodat Babajanovna, was awarded the order «for a healthy generation» of the 1st degree, the head of the family medical center «Dul-dul» in the Navbahor district, Pulatova Ruqiya Ravshanova, was awarded the order of «health» of the 2nd degree., doctor of the center for rehabilitation and prosthetics of persons with disabilities, Navoi region, Eshankulova Matluba Takhirovna «medals of fame[19], Uchkuduk district multidisciplinary polyclinic dermatovnerologist Bustonova Gulshoda Ashiraliyevna, 2nd degree order of «health», navoi region multidisciplinary it would not be wrong to say that the head of the surgical department of the medical center, Khushvaktov Utkir Shonazarovich, was awarded the «fame» medal, which made navoi doctors happy[20].

On the occasion of «nurses' day» on may 12, 2021, trade union organizations in the territory of navoi region, in particular, Rasulova Mukarram Samatovna, nurse of the navoi city medical association, who need social protection, have many children, are low-income, and have group disabilities. Parmonova Malohat Safarovna, nurse of the khatyrchi district medical association, and navruzova farida, the nurse of the karmana district medical association, were given free referrals to the «Kohinur» sanatorium to recover their health. This is also one of the good deeds in the way of social protection of our people[21].

To sum up, all the conditions created in our country, the reforms carried out, the decisions taken by our head of state serve the interests of the people. In particular, effective work is being carried out on improving medical culture among the population, training interregional qualified specialists, establishing remote interregional emergency medical services at a satisfactory level, introducing family polyclinics, private hospitals, and local health care centers. In the last 10-20 years, the change in quality and quantity in the field of medicine has been very high. Today, our doctors and our people feel the practical results of the reforms carried out by our president in the field of medicine in their daily lives. The dedication of doctors to their profession has increased once again. A medical culture was formed among ordinary people. Emergency medical care and quality service to the population improved. Selfless doctors were personally recognized by the head of state and awarded every year on the professional holiday.

Today's Uzbekistan has defined the principle of «medical reforms for human dignity» as one of its main directions.

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