

USE OF INTERACTIVE METHODS IN PSYCHOLOGY CLASSES

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Interactive methods in psychology classes are highly beneficial in engaging students and promoting active learning. Here are some examples of interactive methods used in psychology classes:

1. **Group Discussions:** Encourage students to participate in group discussions where they can share their thoughts, perspectives and insights on various psychological concepts, theories or examples. This promotes critical thinking, collaborative learning, and the exchange of diverse ideas within the classroom.
2. **Role exercises.** Organize role-playing activities where students take on different roles to simulate real-life psychological scenarios. This hands-on approach allows for the application of theoretical concepts, problem solving, and a deeper understanding of human behavior and psychological principles.
3. **Case Studies:** Study real or hypothetical cases and engage students in their analysis and discussion. Encourage the application of critical thinking, problem solving, and psychological theory and approaches to understanding and proposing solutions to given situations.
4. **Interactive multimedia resources.** Using interactive multimedia resources such as video, online simulations, or virtual experiences to facilitate experiential learning. These resources can provide students with a more immersive and engaging experience, allowing them to explore psychological phenomena in a dynamic and interactive way.
5. **Mind map or outline map.** Teach students to create mind maps or concept maps to visually represent complex psychological theories or relationships between concepts. This visual aid helps students to master knowledge, make connections, and increase understanding of psychological concepts.
6. **Discussions or class presentations.** Assign topics related to psychological debates or current research findings to groups of students and encourage them to present their debates or findings in a debate or class presentation format. This activity builds critical thinking, research skills, and the ability to effectively communicate and defend a psychological perspective.

These interactive methods build students' engagement, critical thinking, and deeper understanding of psychological concepts. By incorporating interactive elements into psychology classes, educators can create a more dynamic and immersive learning environment. The innovative ability of the educational system is determined by the application of new methods and methods of teaching - interactive methods - tested in practice. Many methodological innovations are used in connection with interactive methods of education. The word "Interactive" is derived from the English word "Interact", "Inter" - together, mutual, "act"

means action, that is, mutual action, activity or conversation. means being in a dialogue mode (student-teacher, student-student, student-computer). The interactive education method is a dialogic education that envisages the process of mutual activity between the student and the teacher or the student and the computer. This teaching method means organizing knowledge activities in a special way. The interactive teaching method ensures that the specific (concrete) predetermined goals of the educational process are detailed. One of such goals is to ensure that the educational environment is comfortable and pleasant, it is of particular importance that the student feels that he has the opportunity to fully master the lesson and that the method of mastering the subject and his intellectual potential are sufficient. in the psychological climate, the educational process becomes a productive activity. In the process of using the interactive teaching method, all students actively participate in the learning process, they understand that they can rely on the information they know, remember, and use in the learning process and adapt to it. Each student personally participates in the activity of joint intellectual cognition and research. Pupils exchange their knowledge, ideas, views, viewpoints, and methods of activity. The process of mutual thinking and exchange of experience takes place in a warm mental climate of sincerity, earnestness, mutual support, and this situation not only ensures the acquisition of new knowledge, increases cognitive activity, activates them, and strengthens their cooperation in the process of learning. Interactive activity in lessons consists of 5 main elements. Positive - sincere interdependence Personal responsibility within the group Mutually influencing activity Skill in cooperation Working in a group. The interactive method prohibits the opinion of the teacher from being united, putting his output above that of others. It is necessary to take into account and respect the existence of all students, each of them has a unique view, opinion, conclusion. In the process of dialogic education, students learn to think critically, to analyze complex issues and situations, to rely on information, to reflect on alternative opinions, to draw conclusions, to actively participate in discussions, and to communicate with others. Therefore, in the lessons, students are organized to work individually, in groups, in pairs, to create a joint research plan, to participate in role-playing games, to use creative works. The advantage and efficiency of interactive methods is that students not only express their opinions on ideas, views and given grades in classes, but also activate the enormous information potential of students and participate fully in the competition related to the positive task in the educational process. restricts use: the intellectual power of the group is always higher than the amount of intellectual power of 1 student. The interactive teaching method has clear opportunities to create a cooperative atmosphere in the audience. It is not a ready-made recipe for a good lesson, but the educational technology based on this teaching method teaches the teacher to work as a creative co-author of his audience. As a result,

the student acquires the ability to develop and make non-standard conclusions and decisions according to any changes in life and development.¹

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¹ file:///C:/Users/Visol%20media/Downloads/psixologiyani-o-qitishda-interfaol-usullardan-foydalanish-imkoniyatlari.pdf