

HUMAN SPIRITUALITY: COMPLEX STRUCTURE (SYNERGETIC APPROACH)

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Abstract:

The article examines the complex and mysterious nature of a person's inner world, his spirituality. The author emphasizes that the study of this world raises many questions and conflicting conclusions. Based on the works of scientists, the article emphasizes the uniqueness of human spiritual properties and the importance of studying them for the development of society. In the context of the synergetic concept, the article offers definitions of man and his world, and also emphasizes the need for self-education and self-development for successful activities in the constantly changing conditions of society.

Keywords: Key words: spirituality, complex structure, synergetics, self-development, post-non-classical science.

Man is not only a microparticle of the Cosmos, but also a huge, very complex and in many ways still mysterious world. The inner or spiritual world of a person is also a boundless space of a wide variety of sensations and feelings, emotions and moods, plans and ideas, concepts and images, fantasies and ideals, values and theories. Therefore, man, his complex and mysterious world, has been the main subject of philosophy, psychology and sociology for many centuries. The deeper we study this world, the more questions and contradictory conclusions arise about the complex structure of human spiritual and mental existence. It is the spirituality of every person, people and society that determines the character, direction, rationality and future progress of human life. Berdyaev evaluates spirituality this way: "The spiritual world is a meeting place of Divine nature and human nature. This meeting is the spiritual primary phenomenon." [1. P.42] During the development of mankind, numerous scientists in their scientific works and research for a long time studied the most complex facets, variability and uniqueness of human spiritual properties and, on the basis of these studies, made important scientific conclusions.

According to one of the founders of the synergetic concept, G. Hecken, "In the observable world and the world around us, there is no system more complex than man himself and human society." [8. P.72] Therefore, it is too early to say that scientific consciousness has achieved significant success in their study. First of all, it is necessary to give definitions about man as a unique spiritual-physical, natural-social phenomenon and about the world in which he will live and act, instill the skills of independent search for truth, create the need for self-education, self-

realization, self-development. organization of successful activities corresponding constantly changing conditions of society. This is the key to the vitality and sustainable development of both the individual and society as a whole. As the Russian philosopher A.V. Lukyanov correctly noted, "... the spiritual health of the nation today can only be ensured by multi-level social protection, including bodily protection, which, first of all, involves the protection of the human sensory world" [4]. Today, synergetics is rapidly integrating into the field of humanities, the directions of sociosynergetics and evolutionary economics have appeared, they are used by doctors, psychologists and teachers, applications are being developed in linguistics, history and art history, and a project is being implemented to create a synergetic anthropology. Synergetics as a field of research is brought to life by the need to find adequate answers to the global challenges faced by the development of modern civilization as a whole. In this regard, the theory of psychological systems (or psychosynergetics, which is the same thing), developed by V. E. Klochko, is one of the options for the development of postclassical psychology. In this theory, a person is understood as a self-organizing system, that is, a system that generates psychological new formations and relies on them in its self-development [2].

From the point of view of synergetics, human self-realization, which includes the process of self-organization, is impossible without orderliness, which does not imply external influence. The factor of systemic evolution comes into force, associated with the anti-entropic nature, caused by the accumulation of structural information, which contributes to the sustainable development of the individual, productive self-realization throughout life [4]. Since man was originally given a special way of bodily existence, mental life and spiritual essence, the possibilities of evolution of man, society, civilization and culture depend on all three natures. An ontological phase turn of society is possible only if the spiritual vector becomes the leading one, and the bodily vector of material life becomes the driven one. For many centuries, man, his complex and mysterious world, has been the main subject of philosophy, psychology and sociology. The deeper we study this world, the more questions and contradictory conclusions appear about the complex composition of human spiritual and mental existence. It is the spirituality of every person, people and society that determines the character, direction, rationality and future progress of human life. Spirituality is the source of all human creation. In this article we will make an attempt to analyze the spiritual world of man, its attributive, integral properties and consider its influence on social existence.

N. Berdyaev defines spirituality in this way: "The spiritual world is a meeting place of Divine nature and human nature. This meeting is a spiritual primary phenomenon" [1, p. 42]. In the course of human history, numerous scientists in their research have long studied the most complex facets, variability and uniqueness of human spiritual properties and, based on these studies, made important scientific conclusions.

According to one of the founders of the synergetic concept, G. Haken, “in the observable world and the world around us there is no system more complex than man himself and human society” [6, p. 43]. Therefore, it is too early to say that scientific consciousness has achieved significant success in their study. Spirituality is a consequence of the well-being of each person and society as a whole. The loss of spirituality inevitably leads to a disruption of the style and way of life at all its levels: personal, family, social. Only a highly spiritual person is capable of purposeful self-reflection. A person with high spirituality allows him to organize his life and ensure the development of the entire society. Philosophers argue that spirituality purposefully elevates real personal values, giving human life the meaning of being in the Universe. The path of life is a constant appeal to spirituality, which awakens positive vital energy in a person. Spirituality is a person’s unique focus on self-affirmation as an individual, self-expression and critical assessment of one’s own thoughts, feelings and practical actions, regardless of generally accepted moral and legal norms, political attitudes, etc. Spirituality provides the main meaning of life, which allows a person to be a bearer of sublime qualities that make him a dominant or an active creator of order in himself and in the world around him. Spirituality gives a person an unprecedented opportunity to critically reflect on his own inner being. As a complex and multifaceted phenomenon, spiritual being has its own attributive properties. “The word “attribute” comes from the Latin *attributio* - I betray, I bestow. An attribute, an integral property of an object, without which the object can neither exist nor be conceived” [4, p. 26]. An attribute gives an object or phenomenon integrity and consistency. Descartes considered an attribute as the main property of a substance, therefore, he considers extension as an attribute of a bodily substance, and thinking as an attribute of a spiritual substance. The spiritual existence of a person is a boundless, complex and multifaceted world. It has many properties. But thinking, creativity and freedom, in our opinion, are attributive properties of this world. Without them, this world cannot exist and have meaning. Systematic study of this world increases the ability to study and understand the complex world of man. Because, in our opinion, the study of man and his spiritual world is the main subject of philosophy, psychology and other social sciences. This makes it possible to get closer to this mysterious world. We live in a world where human influence on nature, society and the world as a whole is increasing every day. The study of man and his spiritual world allows us to understand where humanity is striving.

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